Principles of attuned interactions and guidance

Being attentive	· Looking interested with friendly posture · Giving time and **space** for other · Turning towards · Wondering about what they are doing, thinking or feeling · Enjoying watching the other
Encouraging initiatives	· **Waiting** · Listening actively · Showing emotional warmth through intonation · Using friendly and/or playful intonation as appropriate · **Naming** what the child is doing, might be thinking or feeling · Naming what you are doing, thinking or feeling · **Looking for initiatives**
Receiving initiatives	· Showing you have heard, noticed the other's initiative · Receiving with body language · Being friendly and/or playful as appropriate · Returning eye-contact, smiling, nodding in response · Receiving what the other is saying or doing with words · Repeating/using the other's words or phrases
Developing attuned interactions	· **Receiving and then responding** · Checking the other is understanding you · Waiting attentively for your turn. · Having fun · Giving a second (and further) turn on same topic · Giving and taking short turns · Contributing to interaction / activity equally · Co-operating - helping each other
Guiding	· Scaffolding · Saying 'no' in the 'yes' cycle (attuned limit setting) · Extending, building on the other's response · Judging the amount of support required and adjusting · Giving information when needed · Providing help when needed · Offering choices that the other can understand · Making suggestions that the other can follow
Deepening discussion	· Supporting goal-setting · Sharing viewpoints · Collaborative discussion and problem-solving · Naming difference of opinion · Investigating the intentions behind words · Naming contradictions/conflicts (real or potential) · Reaching new shared understandings · Managing conflict (back to being attentive and receiving initiatives with the aim of restoring attuned interactions)