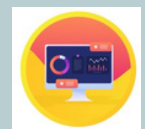


VIG - DCS Getting Started

This info-graphic is a step-by-step guide of how to get started with the new Video Interaction Guidance Data Collection System (VIG-DCS), developed and managed by AVIGuk.

BEFORE YOU START

Before you begin using the VIG-DCS you need to complete the self-paced VIG-Data Collection System course on the AVIGuk Learning Platform and earn your badge.



Ensure that you have signed the Practitioner Consent form and that your client has signed the Client Consent form. You can find these on the VIG-DCS App.



In order to access the new VIG-Data Collection System, you will need access to the internet. You can connect using wireless connection (wifi), mobile data, or through the hotspot function on your mobile device if you are required by your service to use a laptop/computer.



HOW TO INPUT DATA

On the home screen of the VIG-DCS you will find an introduction to the system and the main content tabs. You can find a range of helpful resources to introduce VIG to your clients in the **Introduction to VIG tab**.

To get started with inputting your client's data go to the VIG-DCS homepage and click the **Input Data** tab.

Next choose the appropriate VIG meeting: **Initial Meeting (Pre-VIG)**, **Final Meeting (Post-VIG)** or **Follow-up meeting**. If you are part of a specific project (e.g. Essex Virtual School or Best Start for Life) please use your named pathway.



Then choose the age category you are working with: **Antenatal, Perinatal (0-2 years)** or **General (over the age of 2)**. You can now begin inputting your data.

PRACTITIONER AND CLIENT DETAILS

The first tab requires details about yourself as the practitioner collecting the data and your client. Please note the following:

Practitioner's email - please ensure you enter your work email correctly so you can receive copies of your submissions.

Practitioner's service - if your practice is not listed it is because it has not authorised the use of the VIG-DCS. Please follow the guidance on the VIG-DCS app.

Your client's unique identifier - allows us to compare your client's pre, post and follow up data. Please ensure you record this for future reference.

The screenshot shows the 'Session Details' form in the VIG-DCS app. At the top, there's a navigation bar with tabs: 'Start', 'Relationship', 'Parent/Carer', 'Child', and 'Measures'. Below this, there's a 'Practitioner to do' section with a 'Submit' button. The main form area is titled 'Session Details' and contains a paragraph of instructions. Below the instructions, there's a 'Practitioner Details' section with a dropdown arrow. It includes fields for 'Practitioner's name *' (split into 'First Name' and 'Last Name'), 'Practitioner's email *' (with a placeholder 'example@example.com'), and 'Practitioner's service *' (with a 'Please Select' dropdown). At the bottom of this section, there are two checkboxes: 'I (the practitioner) have signed the [practitioner consent form](#) and have agreed to the terms and conditions *' and 'I (the practitioner) have authorisation from my organisation to use the online VIG-DCS system *'. Below these is a 'Client and Meeting Details' section with a dropdown arrow. At the very bottom, there are 'Save' and 'Next' buttons.

RELATIONSHIP, PARENT/CARER AND CHILD

The Relationship, Parent/Carer and Child tabs focus on collecting qualitative data. We have place the Relationship tab first to emphasise the focus of VIG.

Please complete as many sections as your client is comfortable with. We recommend including at least one goal for the Relationship to allow clients to understand their progress.

MEASURES

The **Measures** tab is where you can input the answers to a range of standardised measures.

Please complete these measures as part of your discussion with your client.

We strongly encourage you to complete our recommended measures and any others that are required by your service. As a minimum, please complete the appropriate **MORS scale**.

We recommend that you complete the same measures pre- and post-VIG. You will need to add your initial client identifier to allow for comparison of results.

PRACTITIONER'S SECTION

The **Practitioner's section** tab is where you can input scores for any additional standardised measures and record your reflections on the session.

You can add scores for other standardised measures that we have not included in our list. This will allow you to receive all your client data in one PDF file. This will also help growing the evidence base for VIG.

The practitioner's reflection section is a space for you to record your reflections on the VIG process. You may wish to include: observations of the pattern of interaction, changes over the course of the VIG, any Principles of Attuned Interaction and Guidance that the client has found helpful, your reflections on client's engagement with the VIG process, and your relationship with the client.

Please remember to maintain client confidentiality.

SUBMIT

The final **Submit** tab is where you can choose to save your responses or submit them. If you have not finished inputting your data and would like to return to this at a later date, press Save and you will be emailed a link with your current responses.

After you submit your responses, you will receive a **Practitioner copy** which includes all your responses and the calculated scores for the standardised measures, and a **Client copy** with the scores removed. If appropriate, you can choose to share the latter with your client.

Start

Relationship

Parent/Carer

Child

Measures

Practitioner to do

Submit

Part A: The Relationship

In this section, you and your client will talk about their relationship with their child. There is also the option to note down the client's goals for VIG.

Three words to describe your relationship with your child.

Note: the parent/carer and child will follow in subsequent sections, the focus here is the relationship.

Tell me about your relationship with your child.

What would your child say about your relationship (if they could do talk)?

Goal for the relationship

Goal(s)

How self you know if you have achieved that goal? What will it look like to have achieved that goal?

Scaling of goal for the relationship

1

2

3

4

5

6

7

Low

High

Please ensure you have not included any identifiable information about clients such as the client's name or their child's name.

Click here if you would like to add more goals for the relationship

Back

Save

Next

Start

Relationship

Parent/Carer

Child

Measures

Practitioner to do

Submit

Standardised measures

You and your client now have the opportunity to complete some questionnaires. The questions are appropriate for the stage of the client (i.e., antenatal, postpartum, perinatal, or general).

Standardised measures for Perinatal Clients.

- We ask that you complete our recommended measures and any others that are required by your service.
- These measures will support your discussion and will help us evaluate VIG. Your client may also wish to compare their responses before and after your VIG cycles.
- We recommend that you complete the same measures pre- and post-VIG.
- As you are meeting with a client who has an infant between 0-2, we recommend the MORS 'My Baby' and/or the Karlane Parenting Confidence Scales (KPCS).
- If you don't see a measure listed here, please use your paper copy and input the score under the 'Scores' tab, this will help us add more relevant measures to the list.
- We strongly recommend these measures are used as a part of your discussion.

Which perinatal measures would you like to complete?

☐ The MORS 'My Baby' - Recommended

☐ Karlane Parenting Confidence Questionnaire (KPCS) - Recommended

☐ Maternal Self-Efficacy Scale (MSES)

☐ Parental Reflective Functioning Questionnaire (PRFQ)

☐ The Postpartum Bonding Questionnaire (PBG)

☐ Edinburgh Postnatal Depression Scale (EPDS)

☐ Generalised Anxiety Disorder Questionnaire (GAD-7)

☐ Patient Health Questionnaire (PHQ-9)

Back

Save

Next

Start

Relationship

Parent/Carer

Child

Measures

Practitioner to do

Submit

Practitioner's section

This section is for the practitioner to fill out independently and includes adding additional scores, which may have been completed before this meeting. If you wish to complete this section, we recommend you save this form and return to input the scores at a convenient time.

Additional Standardised Scores

If you have collected standardised measures with your client at another time point e.g., during a screening appointment, you can input these scores here.

Please put in any additional scores you think are relevant using the 'other' option. You can input scores for any standardised measure you use in your service. This will help us gather more information about the effectiveness of VIG and will help us incorporate more measures in future.

Would you like to input scores for any further perinatal standardised measures? Please tick all that apply:

☐ MORS 'My Baby'

☐ The Karlane Parenting Confidence Scale (KPCS)

☐ The Parental Reflective Functioning Questionnaire (PRFQ)

☐ The Maternal Self-Efficacy Scale (MSES)

☐ The Postpartum Bonding Questionnaire (PBG)

☐ Generalised Anxiety Disorder Questionnaire (GAD-7)

☐ Edinburgh Postnatal Depression Scale (EPDS)

☐ The Ages and Stages Questionnaire - Social-Emotional (ASQ SE)

☐ The Parent Infant Interaction Observation Scale (PIIOS)

☐ The CARE-index

☐ Other

Practitioner's Reflection

Back

Save

Next

Start

Relationship

Parent/Carer

Child

Measures

Practitioner to do

Submit

Submit and End

You have reached the end of the form. If you are ready to submit your data and end the session, please press submit.

To submit your responses, use the **SUBMIT** button below.

To save these responses and **return to complete the PRACTITIONER SECTION** later, please use the **save** button.

If you **SAVE**, you will receive an email to return to the form later.

You may wish to take this opportunity to review the form to check any information you have submitted is as identified. Please ensure no personal information is submitted in any open ended questions (e.g., your client's name, their child's name, or any specific locations they may mention during conversation).

Back

Save

Submit